

Relative Recharge

Groups for all kinship caregivers

- Meet other grandparents and relatives caring for children
- Learn about resources and supports available to you
- Enjoy coffee and conversation at your choice of locations



Sign Up Today!

(603) 422-8209

or

[Tinyurl.com/FFParenting](https://tinyurl.com/FFParenting)

—•—

Groups are free
& open to all kinship
caregivers.

—•—

Free childcare
is available
upon request.

Now Offered in 3 Locations

SOS Recovery Community Center

1 Lafayette Rd., **Hampton**

(behind Ocean Cycles)

1st Tuesday of the month, 9:30-11 am

—•—

Goodwin Community Health

311 Route 108, **Somersworth**

2nd Monday of the month, 9:30-11 am

—•—

SAU 14 Office

213 Main St., **Epping**

3rd Wednesday of the month, 9:30-11 a.m.

beginning March 18

GREATER SEACOAST COMMUNITY HEALTH

Goodwin
Community Health

Families
First

Lilac City
Pediatrics